Main Lunch Allergy Information (Lorton School)

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur
Bolognaise	■	■					■							■
Penne (Bechamel) Bolognese Pasta		■					■							
Macaroni Cheese		■		■			■		■					
Spaghetti/Pasta		■												
Garlic Slice		■					■							
Cheese/Bacon Toasts		■					■							
Sausage		■												■
Pizza		■					■							
Breaded Haddock/Cod		■		■	■		■							
Battered Haddock/Cod		■			■									
Mince Beef and potato Casserole	■	■							■					
Burger		■		■										
Chicken Curry	■						■							
Fish Fingers		■			■									
Fish Cakes		■			■		■							
Fishermans Pie					■		■							
Cottage Pie	■	■					■		■					
Breaded Chicken		■					■							
Roast Pork	■	■							■					
Lasagne		■		■			■							
Mash							■							■
Baked beans														
Mixed Vegetables/Peas														
Roast Potatoes														
Chicken Wrap		■		■									■	
Cheese Pastry		■		■			■							
Meatballs		■												
Poppodoms														
Vegetable Lasagne		■		■			■							
Sweet and Sour Chicken	■	■							■			■	■	■
Sausage, Bean Pasta Bake		■					■							
Sausage and mashed potatoes		■					■							
Chicken Vegetable Casserole		■							■					
Chicken Pie		■		■			■		■					
Meat Pie		■		■			■							
Hot Dog		■												