Early Spring

Breakfast/Morning Snack/Afternoon Snack/ Light Tea Allergy Information

	Updated 08.12.25	Origin	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Molluscs	Mustard	Nuts	Peanuts	Near Peanuts	Sesame Seeds	Soya	Sulphur	Kiwi
	Cornflakes	S		■														
	Rice Krispies	S		■														
	Weetabix	S		■														
	Multigrain Hoops (nuts processed in same facilty)	S		■														
	Full fat Milk								■									
	WM toast with honey or RS raspberry jam	S		■												■		
Monday	Bagel	S		■														
	RS Raspberry Jam	S																
		S																
	Orange	S																
	Blueberries	S																
	Red grapes	S																
	Sausage	S		■													■	
	Wholemeal pitta	S		■														
	Chopped tomatoes	S																
Tuesday	Flatbread	S		■														
	Red pepper houmous	S													■			
		S																
	Apple	S																
	Peaches	S																
	Mandarins	S																
	Fish fingers	S		■			■											
	Baked beans	S																
		S																
Wednesday	Brioche bread	S		■		■												
	RS Lemon curd	S				■												
		S																
	Banana	S																
	Watermelon	S																
	Raisins	S																
	Couscous	S		■														
	Ham	S																
	Pepper and tomatoes	S																
Thursday	Soreen	S		■														
	Honey	S																
		S																
	Nectarine	S																
	Green grapes	S																
	Pineapple	S																
	Potato waffle	S																
	Spaghetti hoops	S		■														
		S																
Friday	Wholemeal Toast	S		■												■		
	Vitalite spread	S																
		S																
	Pear	S																
	Cherries	S																
	Plums	S																
	Fluffy rice	S																
	Sweet and sour sauce	S																
		S																