Late Winter

Breakfast/Morning Snack/Afternoon Snack/ Light Tea Allergy Information

	Updated 11.11.25	Origin	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Molluscs	Mustard	Nuts	Peanuts	Near Peanuts	Sesame Seeds	Soya	Sulphur	Kiwi
	Cornflakes	S		■														
	Rice Krispies	S		■														
	Weetabix	S		■														
	Multigrain Hoops (nuts processed in same facilty)	S		■														
	Full fat Milk								■									
	WM toast with honey or RS raspberry jam	S		■												■		
Monday	Welsh cake	S		■		■											■	
	Honey	S																
	Blueberries	S																
	Tangerines	S																
	Pear slices	S																
	Beef burger	S		■														
	Spaghetti Hoops	S		■														
Tuesday	Crumpet	S		■														
	Vitalite Spread	S																
	Apple	S																
	Sultana	S																
	Peaches	S																
	Rolled Ham	S																
	Hash browns	S																
	Mixed Vegetables	S																
Wednesday	Breakfast Muffin	S		■												■		
	Garlic violife spread	S																
	Apricots	S																
	Banana	S																
	Cherries	S																
	Meatballs	A		■														
	Tomato Sauce	S																
	Wholemeal Pitta			■														
Thursday	Cinnamon and Raisin Bagel	S		■														
	Blackcurrant jam RS	S																
	Mango	S																
	Green Grapes	S																
	Plums	S																
	Wholemeal toast	S		■												■		
	Spaghetti	S		■														
Friday	Flat Bread	S		■														
	Houmous														■			
	Melon	S																
	Pineapple	S																
	Prunes	S																
	Potato croquettes	S		■														
	Baked Beans	S																