

Strawberry How Nursery School



Manual Handling Risk Assessment

Task Name: General Lifting	Is an assesment need? Yes
Task Description: Daily tasks requiring lifting	
Load Weight: Varies	Operations covered by this assesment: Lifting children, nappy changing, moving resources, food delivery relocation, moving furniture for purpose
Frequency of Lift: Throughout the day	Personnel Involved: All Staff
Are other manual task carried out by staff: No	Date of Assessment: 22.04.2025
Overall assessment of the risk of injury? Low	

Questions to consider:	If 'Yes' tick appropriate level of risk				Problem occuring from the task	Possible remedial action
	Low	Medium	High	N/A		
Do the tasks involve:						
Holding loads away from torso	*				Cause back injuries/makes it seem heavy	Carry loads close to torso to reduce body stress.
Twisting	*				Could cause damage to the back/spine.	Keep shoulders and hips level and facing the same direction.
Stooping	*				" "	
Reaching upwards	*				Reaching higher shelves	Use step ladders to prevent over reaching.

Long carrying distances				*
Strenuous pushing or pulling				*
Unpredictable movement of loads				*
Insufficient rest or recovery				*
a work rate imposed by a process				*
Are the loads:				
Heavy				*
Bulky or unweilding				*
Difficult to grasp				*
Unstable or unpredicatable				*
Intrinsically harmful (eg. sharp/hot)				*
Consider the working environment. Are there:				
Constraints on posture				*
Poor floors				*
Variation in levels				*
Hot/cold/humid conditions				*
Strong air movements				*
Poor lighting				*
Consider individual capabiliy				
Does the job:				
Require unusual capability				*
Pose a risk to those with a helath problem or physical or learning difficulty				*
Pose a risk to those who are pregnant	*			
Pose a risk to new worker/young people				*
Require special information/ training?				*

Fatigue, arm strain and back pain

Use a trolley or make it a two preson job

Children moving around while being held

All staff are trained and competent

Refer to Pregnancy Risk Assessment
No knowledge of safe manual handling processes

Reduced duties for lifting while pregnant
Manual handling training completed during inductions



Remedial steps that should be taken:	Person responsible for completing remedial action:	Target implementation date:
1. No needed	Casey Turner	All ready in place
2 None needed	Room Leaders	All ready in place
3. None needed	Julie Richardson	All ready in place
4 None needed	Julie Richardson	All ready in place
5		
6		
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8		
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11		
Date by which actions should be completed: April 2025		
Date of review of assessment: April 2026		

Assessor's name: Casey Turner

Signature: C.Turner

